

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Adventures 533 Sprague Street Winnipeg, MB R3G 2R9 204-775-3484	CURLING BONSPIEL <i>Last Sunday in October (Tentative).</i> Sharon 204-786-8031 or Ray 204-775-3484	1. SMALL STEPS SESSION 6:30 – 7 PM – Refreshments Snacks. 7 – 9 Handouts. & Lively Discussion. Advance Registration 204-981-8643	2. LADIES & MEN CHAIR YOGA 1:00 PM RSVP SHARON 204-226-2248 -GOLFING – Location TBA RSVP Pat 204-256-0077 patmoore@mymts.net CARDS & GAMES 6:30 - 9 PM LOCATION TBA Diane 204-293-0493 or Baldwin 204-9571600	3. LAST URBAN CYCLING 7 PM (Meet OMANDS CREEK Raglan & Portage. 204-775-3484	4. KARAOKE & POOL NITE 7 – 11:30 PM Location TBA Contact Diane 204-293-0493	5. DANCE LESSONS 1:00 PM \$15 Contact Bud at bud1057@shaw.ca DANCING AT VARIOUS CLUBS, ANAVETS, LEGIONS (Hartford, Westwood, Rockwood, St. James)
6. .-SUNDAY BRUNCH 12:00 THE FRENCHWAY 238 Lilac Janet 204-899-8782 YOUNG AT HEART – NOON – PICKLEBALL FAWAD 204-930-0766 PARTY CARDS & GAMES 1:30 – 4:00 ASSINIBOINE PARK. MaryAnn 204-299-4036 or Sharon 204-479-4170	7. CYCLING 12:15 PM Yvettel3208@gmail.com LABOUR DAY	8. SMALL STEPS SESSION 6:30 – 7 PM – Refreshments Snacks. 7 – 9 Handouts. & Lively Discussion. Advance Registration 204-981-8643	9. LADIES & MEN CHAIR YOGA 1:00 PM RSVP SHARON 204-226-2248 -GOLFING – Location TBA RSVP Pat 204-256-0077 patmoore@mymts.net DISCUSSION GROUP – 7 PM vwilson134@gmail.com CARDS & GAMES 6:30 - 9 PM LOCATION TBA Diane 204-293-0493 or Baldwin 204-9571600 DISCUSSION GROUP – 7 PM vwilson134@gmail.com -APPRECIATION DINNER & DRINKS FOR COORDINATORS 5 PM RSVP 204-775-3484	10. STARTING ROTATING BILLIARDS. FLEA WHISKEY'S 7 – 9 PM. Janice 204-895-8630 or Carla 204-488-3356	11. LAST - FEEL GOOD FRIDAY 10 – NOON Complimentary Coffee & Croissants 204-775-3484 DINING OUT 7 PM LOCATION TBA. Linda 204-453-8007. DINNER & A MOVIE -LOCATION TBA RSVP ALICE 204-284-7824. KARAOKE & POOL NITE 7 – 11:30 PM Location TBA Contact Diane 204-293-0493	12. HIKING –11 AM Henteleff Park Trails. (Meet Lot at 1964 St. Mary's Rd Birderdjd@outlook.com 204-807-1567 DANCE LESSONS 1:00 PM \$15 Contact Bud at bud1057@shaw.ca *BANJO BOWL 3:00 BOMBERS VS SASKATCHEWAN * DANCING AT VARIOUS CLUBS, ANAVETS, LEGIONS (Hartford, Westwood, Rockwood, St. James)
13. .-SUNDAY BRUNCH 12:00 SELKIRK GOLF & CC 100 Sutherland/Selkirk Shirley 204-663-5382 YOUNG AT HEART – NOON – PICKLEBALL FAWAD 204-930-0766 PARTY CARDS & GAMES 1:30 – 4:00 ASSINIBOINE PARK. MaryAnn 204-299-4036 or Sharon 204-479-4170	14. CYCLING 12:15 PM Yvettel3208@gmail.com 5-PIN BOWLING STARTS 7 – 9 PM ST. JAMES BOWLING – 1805 PORTAGE. ARLENE 431-777-7551	15. SMALL STEPS SESSION 6:30 – 7 PM – Refreshments Snacks. 7 – 9 Handouts. & Lively Discussion. Advance Registration 204-981-8643	16. LADIES & MEN CHAIR YOGA 1:00 PM RSVP SHARON 204-226-2248 -GOLFING – Location TBA CARDS & GAMES 6:30 - 9 PM LOCATION TBA Diane 204-293-0493 or Baldwin 204-9571600	17. ROTATING BILLIARDS. FLEA WHISKEY'S 7 – 9 PM. Janice 204-895-8630 or Carla 204-488-3356	18. FIREHOUSE DINNER & DANCE 6 PM FIREHOUSE MUSEUM 56 Maple St. TICKETS ONLY \$5. MaryAnn 204-299-4036	19. DANCE LESSONS 1:00 PM \$15 Contact Bud at bud1057@shaw.ca WINE & CHEESE EVENT – RSVP ESTHER 431-999-1375 madlon63@yahoo.com DANCING AT VARIOUS CLUBS, ANAVETS, LEGIONS (Hartford, Westwood, Rockwood, St. James)
20. .-SUNDAY BRUNCH 12:00 CORK & FLAME 3100 Portage Ave. Alice 204-284-7824 YOUNG AT HEART – NOON – PICKLEBALL FAWAD 204-930-0766 PARTY CARDS & GAMES 1:30 – 4:00 ASSINIBOINE PARK. MaryAnn 204-299-4036 or Sharon 204-479-4170	21 CYCLING 12:15 PM Yvettel3208@gmail.com 5-PIN BOWLING 7 – 9 PM ST. JAMES BOWLING – 1805 PORTAGE. ARLENE 431-777-7551	22.SMALL STEPS SESSION 6:30 – 7 PM – Refreshments Snacks. 7 – 9 Handouts. & Lively Discussion. Advance Registration 204-981-8643	23. LADIES & MEN CHAIR YOGA 1:00 PM RSVP SHARON 204-226-2248 -GOLFING – Location TBA CARDS & GAMES 6:30 - 9 PM LOCATION TBA Diane 204-293-0493 or Baldwin 204-9571600	24. . ROTATING BILLIARDS. FLEA WHISKEY'S 7 – 9 PM. Janice 204-895-8630 or Carla 204-488-3356	25. DINNER & A MOVIE - LOCATION TBA RSVP ALICE 204-284-7824. FOOD WITH FRIENDS – Michelle 204-825-4181 KARAOKE & POOL NITE 7 – 11:30 PM Location TBA Contact Diane 204-293-0493 BOMBER/TORONTO GAME 7:00 BBQ	26. DANCE LESSONS 1:00 PM \$15 Contact Bud at bud1057@shaw.ca - DANCING AT VARIOUS CLUBS, ANAVETS, LEGIONS (Hartford, Westwood, Rockwood, St. James)
27. .-SUNDAY BRUNCH 12:00 BLOCK & BLADE 1100-50 Sage Creek Janet 204-899-8782 YOUNG AT HEART – NOON – PICKLEBALL FAWAD 204-930-0766 PARTY CARDS & GAMES 1:30 – 4:00 ASSINIBOINE PARK. MaryAnn 204-299-4036 or Sharon 204-479-4170 SURVIVOR ZONE DINNER – 6 PM THE GROVE 164 Stafford. RSVP by the 24th LORI 204-292-3222	28. CYCLING 12:15 PM Yvettel3208@gmail.com 5-PIN BOWLING 7 – 9 PM ST. JAMES BOWLING – 1805 PORTAGE. ARLENE 431-777-7551	29. STEPPIN' UP 6:30 – 7 PM Refreshments, Snacks. 7 – 9 Handouts & Lively Discussion. Advance Registration 204-981-8643 OCTOBERFEST SEPTEMBER 19 – OCTOBER	30. LADIES & MEN CHAIR YOGA 1:00 PM RSVP SHARON 204-226-2248 -GOLFING – Location TBA RSVP Pat 204-256-0077 patmoore@mymts.net CARDS & GAMES 6:30 - 9 PM LOCATION TBA Diane 204-293-0493 or Baldwin 204-9571600			 Adventures 533 Sprague Street Winnipeg, MB R3G 2R9 204-775-3484 09.19.26